

3rd Edition of National Conference on Integrative Cancer Care (NCICC) 2026		
Goa, Bharat		
Day 1 - 07th September, 2026		
Time	Session	Facilitator
04:00 – 05:00 PM	High Tea	
05:00 - 05:10 PM	Welcome National Anthem Lighting of Lamp	Lamp Lighting by Dignitaries
05:10 - 05:20 PM	Setting the Context: 3rd Edition of NCICC	Ms Ruby Ahluwalia Founder & Chairperson, Sanjeevani Life Beyond Cancer
05:20 - 05:30 PM	The Sanjeevani Journey: Transforming Lives Beyond Cancer	Ms Shivanjali Ahluwalia Trustee & COO, Sanjeevani Life Beyond Cancer
05:30 - 05:45 PM	Sharing Stories of Courage and Hope	Cancer Victors
06:00 - 07:00 PM	Panel Discussion 1 : Shaping the Future of Integrative Cancer Care Keynote Address : Dr Sudeep Gupta Director Tata Memorial Centre	Dr Hemant Malhotra Director,SRCC & HoD Medical Oncology,MGMCH, Jaipur Dr Anand Parihar Managing Trustee, Madat Charitable Trust Dr Gauri Rokkam Holistic Nutritionist & Nature Cure Therapist, Bangalore Dr Bhavna Sirohi Medical Director, Balco Medical Center Raipur Dr Akshay Anand Professor at PGIMER Chandigarh Dr Ganesh Rao Professor PhD Yoga & Philosophy, KKKSU & Mumbai University
07:00 - 07:15 PM	Fireside Chat on Leveraging Technology to Create more Efficient Health Systems in India	Mr Nachiket Mor Senior Expert in Finance & Technology
07:15 - 08:15 PM	Panel Discussion 2 : AI and Technology for a Better Cancer Journey: From Diagnosis to Survivorship Keynote Address : Dr C S Pramesh Director Tata Memorial Hospital Parel Mumbai	Ms Jui Ranade CEO,Rising India Research Foundation Mr Devesh Rajadhyax AI Startup Founder Prof Asif Iqbal Associate Professor, IIT Patna Prof Gulam Health Tech Expert, IIT Bombay Prof Samit Chattopadhyay BITS Pilani, KK Birla Campus, Goa

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Day 2 - 08th September, 2026		
Time	Session	Facilitator
07:00 – 08:00 AM	Session 1: Breath, Balance and Movement	Dr Mayur Kaku Onco Neuro Surgeon & Yog Practitioner, Bangalore
10:00 – 11:00 AM	Session 2: Masterclass on Yog in Integrative Cancer Care	Dr Ganesh Rao Professor PhD Yoga & Philosophy, KKKSU & Mumbai University
11:00 – 12:00 PM	Session 3: The Healing Journey Within : Inner Child Healing	Ms Priya George Integrative Coach and Therapist, Goa
12:00 - 12:15 PM	Break	
12:30 – 01:30 PM	Session 4: Transforming Adversity into Strength	Mr Ajit Saxena Former Bureaucrat and Motivational Speaker
01:30 - 02:30 PM	Lunch	
02:30 – 04:30 PM	Breakout Session 1 : 02:30 - 03:30 PM Workshop on Quantum Healing Dr Saraah Chimthanawala Homeopath & Alternative Healing Therapist, Bangalore 3:30 - 4:30 PM Reflections	Breakout Session 2 : Abstract Presentations Healing Beyond Medicine 1.Parul Agarwal, Dr. Sai Vivek Velkuru : Real-World Outcomes from the EaseMyCancer Integrative Support Program: A Pilot Evaluation of Yoga, Nutrition, and Psycho-Oncology Interventions 2. Dr. Akshay Anand: The Role of Preoperative Yoga on Post-operative Surgery Outcomes – A Review and Road Ahead 3. Ms Sonia Velarsan : A feasibility study on combining Ayurvedic dietary knowledge and modern nutrition to personalise diets for cancer patients 4. Ms Poonam Vaswani : Nutrition and Cancer 5. Mr Shivanand Nayak, Ms Uma Shankari: ScriptSadhana: An Exploratory Study of Mindfulness-Based Contemplative Writing Among Cancer Patients in Bengaluru 6. Adisha Mishra: Journey of Breast Cancer Survivors in Odisha: A Qualitative Study Jury: Dr Rama Sivaram Consultant and Cancer Advocate, Pune - <i>Chair</i> Dr Mayur Kaku Onco Neuro Surgeon & Yog Practitioner, Bangalore Dr Sandeep Jasuja MS, SCI & HoD, Medical Oncology, SMS Dr Akash Anand Medical Superintendent, MPMGCC, Varanasi Dr Shambhavi Samir Alve Psychotherapist, Alternative Healing Practitioner, Certified Mindfulness Coach
04:30 - 05:30 PM	Session 5: Healing Rhythms: Music for Mind, Body and Soul	Ms Hema Sardessai , Famous Indian Playback Singer & Social Activist, Goa

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Day 3 - 09th September, 2026		
Time	Session	Facilitator
07:00 – 08:00 AM	Session 6: The Transformative Power of Breathwork	Ms. Aminah Sheikh Healing Practitioner, Sufi Storyteller & Trauma Healer
10:00 – 11:00 AM	Session 7: Food as Medicine : Nutrition for Healing	Ms. Poonam Vaswani Clinical Dietian,Certified Onco Nutritionist and Diabetes Educator
11:00 – 12:00 PM	Session 8: Masterclass on Expression through Art	Ms. Ruby Ahluwalia Founder & Chairperson, Sanjeevani Life Beyond Cancer
12:00 - 12:15 PM	Break	
12:30 – 01:30 PM	Session 9 : Power of Yog in Cancer Recovery	Dr Abhilasha Anand Consultant Radiologist, Chandigarh
01:30 - 02:30 PM	Lunch	
02:30 – 04:30 PM	Breakout Session 3: 02:30 - 03:30 PM Workshop on Reflexology and Accupressure Ms Joanita Figureido Yog, Alternative Therapist & Reflexology Expert 03:30 - 4:30 PM Workshop on Sound Healing Dr Shilpa Raghava Certified Sound Healing Expert	Breakout Session 4: Abstract Presentations Healing Beyond Medicine 1.Dr. Yuri Mirov: Rumination and Distinct Profiles of Psychological Adaptation in Women with Breast and Gynecological Cancers 2.Dr Shraddha Kale: A Modular Visual Narrative Framework for Reflective Practice in Supportive Care 3.Ms Paridhi Jalan, Dr Tehrin : Emotional and Spiritual Coping as Predictors of Post-Traumatic Growth in Cancer Patients 4.Ms Shilpa Dani: Qualitative Analysis of Group Eco-Art Therapy in Post-Acute Cancer Care 5.Dr. Madhvi Sunkari: A Case of Metastatic Breast Cancer Treated Successfully by Using Yoga Prana Vidya (YPV) 6.Ms Zia Chauhan : An Exploratory Study of a Structured Reflective Writing Practice for Cancer Survivors Jury: Dr Pankaj Malhotra HoD, CHMO, PGIMER, Chandigarh - Chair Dr Vasudeva Bhat HoD Pediatric & Hematology and Oncology, KMC Manipal Dr Jigyasa Medical Superintendent, HBCH&RC, Vishakhapatnam Dr Rama Sivaram Consultant & Cancer Advocate, Pune Dr Aalapti Singh Psychosocial Oncology & Public Health Researcher, Delhi
04:30 - 05:30 PM	Session 10: Express, Release and Renew	Shri Harish Awal & Ms Nivedita Baunthiyal Artist

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Day 4 - 10th September, 2026		
Time	Session	Facilitator
07:00 – 08:00 AM	Session 11: Healing through Nature and Art	Ms. Shilpa Dani International Certified Art Based Therapist, Bangalore
10:00 – 10:45 AM	Session 12: Quantum Leaping : Unlocking Your Inner Potential	Ms Priya Shah Life Coach, NLP,EFT & Quantum Leaping Expert, Ahmedabad
10:45 - 11:30 AM	Session 13: Healing the Heart : Forgiveness, Acceptance and Renewal	Dr Madhvi Sunkari YPV Healer & Instructor, Inner Wellness Life Coach
11:30 – 01:00 PM	Session 14: Masterclass on Healing the Body and Mind through Breath	Shri Anurag Rishi Holistic Wellness Expert
01:30 - 02:30 PM	Lunch	
02:30 – 02:45 PM	Role of Anti Oxidants in Healing	Ms Divya Joshi Senior Program Coordinator, Sanjeevani Life Beyond Cancer
02:45 - 03:45 PM	Panel Discussion 3 : People Power Against Cancer : Building a Community Movement for a Cancer - Smart India Keynote Address : Dr Cary Adams CEO, UICC	Prof Suman Kundu Director BITS Pilani, KK Birla Campus, Goa Cdr Navneet Bali CEO ClearMedi Healthcare Mr Shalabh Goel Managing Director NCRTC, Delhi Dr Yurii Miiov Director, Oncosfera Foundation, Moscow, Russia Dr Anupama Borkar HoD Medical Oncology, Goa Medical College
03:45 - 04:30 PM	Awards Ceremony	Mr Anil Ahluwalia Co Founder, Sanjeevani Life Beyond Cancer
04:30 PM Onwards	Session 15 : Melodies of Hope and Healing	Swami Sughoshanad Ji (Chinmayanand Mission)